

INTERNSHIP SPOTLIGHT

Sierra Gasper



Graduation Semester & Year: Fall 2021
Semester & Year of Internship: Fall 2021

Major: Healthcare Management

Minor: N/A

Hometown: Greensburg, PA

Hobbies: Going to LA Fitness and listening to music

Campus Activities:

Future Plans/Career Goals: Aspire to continue education by pursuing a BSN degree upon graduation. Desire to uphold expertise within the clinical and administrative facets of the Healthcare Field, while striving to achieve an esteemed contribution within the area of bedside nursing.

- **Internship (company/your title):**
Redstone Highlands, Intern
- **How did you find your internship?**
Personal connection to Executive Director
- **What were your duties?** I had an array of duties within the position as an Intern including, but not limited to, documentation completion, assessment, duplication, and compliance, involvement with scheduled meetings with follow-up to Supervisor, networking within Redstone, update oneself of the rules and regulations governing the field, as well as continued education of the array of roles and expectations within clinical and administrative facets within Redstone.
- **How many hours per week were you at your internship site?**
The hours fluctuated but valued at around sixteen hours per week.
- **What did you enjoy most about your internship?**
I exceptionally enjoyed the inclusion of all undertakings within the administrative area, as I was able to gain knowledge of information I had yet to be well-informed of.
- **What was the most difficult aspect of the internship?**
The most difficult aspect was remembering what I had learned years ago within the major.
- **How did your experience at UPG and in the Healthcare Management department prepare you for your internship?**
My experience within the Healthcare Management major at UPG prepared me to understand the dynamics between the clinical and administrative aspects of the healthcare field, while remain knowledgeable of the rules and regulations that govern such.
- **How has your internship prepared you for a career?**
It had increased my overall professionalism.
- **What recommendations do you have for other students about doing an internship?**
I highly recommend pursuing an internship with Redstone Highlands. Their exceptional Organization is highly educated within the area of Healthcare; while their mission and core values are the driving forces within their endeavors surrounding the provision of quality of care. The Executive Director, Karen Rose, is highly attentive to interns, as she plans their schedule to encompass all information surrounding her role, is highly personable, and understanding of one's personal schedule. The individuals, for whom work alongside her, are highly welcoming as

→ next page

well as informative within their roles. The internship enables one to network within the field, which is exceptionally esteemed for future undertakings. Overall, I have gained an extensive amount of wisdom in the clinical and administrative facets of healthcare. This will be of high value in my future career within Healthcare, for this I am highly appreciative.



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