

# INTERNSHIP SPOTLIGHT

## Olivia Coffman

**Graduation Semester & Year:** Spring 2021

**Semester & Year of Internship:** Fall 2020

**Major:** Psychology

**Minor:** Clinical Psychology & Sociology

**Hobbies:** Painting

**Campus Activities:** N/A

**Future Plans/Career Goals:** Attending Chatham University for my Masters in Clinical Psychology

**Hometown:** Jeanette, PA



- **Internship (company/your title):**

Forge Health (formerly known as Strive Health)/Intern (now Assistant Office Manager)

- **How did you find your internship?**

Through the Career Services Department (Kristen Stratton/Internship Coordinator)

- **What were your duties?**

I observed Intensive Outpatient Group Sessions, intake assessments, and clinical rounds. I was also scheduling assessments and involved in collecting drug screenings.

- **How many hours per week were you at your internship site?**

Approximately 12 hours per week

- **What did you enjoy most about your internship?**

The group effort involved in getting a client the proper treatment necessary.

- **What was the most difficult aspect of the internship?**

Learning how to communicate with clients on such serious topics and aspects of their lives

- **How did your experience at UPG and in the Psychology department prepare you for your internship?**

Pitt prepared me to work with others in a professional setting and gave me the skills to do so. My major helped with the more clinical aspect of treatment and involvement alongside the clinicians.

- **How has your internship prepared you for a career?**

My internship has given me valuable work experience and connections to those in this field.

- **What recommendations do you have for other students about doing an internship?**

I would highly recommend starting an internship as soon as possible. Not only was it helpful for the future but was helpful in the classes I was taking.

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