

INTERNSHIP SPOTLIGHT

Krystal Noble

Graduation Semester & Year: Fall 2023

Semester & Year of Internship: Summer 2022

Major: Psychology

Minor: Statistics

Hobbies: Softball

Campus Activities: N/A

Future Plans/Career Goals: Earn my degree in psychology and use it to help others.

Hometown: Calumet, PA



- **Internship (company/your title):**
Private Industry Council/ Intern for Manufacturing 365 Summer Camp
- **How did you find your internship?**
Kristen Stratton (Internship Coordinator, Career Services)
- **What were your duties?**
Assisted with the development, marketing, and facilitation of Manufacturing Summer Camps in Westmoreland and Fayette Counties for Young Adults Aged 16-24. Facilitated guest speakers and field trips and worked alongside the director of the camp. Mentored the young adults and gave "Bring your A Game" work ethic training. Worked with several different young adults and youth that may have had challenges/barriers of mental health and/or criminal backgrounds.
- **How many hours per week were you at your internship site?**
25-40 hours per week
- **What did you enjoy most about your internship?**
Being able to work in several different programs to learn about everything PIC does for the community. I enjoyed all of the PIC employees I worked with as well as each of the participants I was able to make an impact on part of their life. It was such a great experience that I did not want to end!
- **What was the most difficult aspect of the internship?**
Sometimes there was a lot of juggling to handle though it was not too extreme.
- **How did your experience at UPG and in the Psychology Department prepare you for your internship?**
My studies in Psychology helped me prepare for this internship by understanding and identifying different disorders and challenges throughout different age groups.
- **How has your internship prepared you for a career?**
This internship prepared me for my career by allowing me to work in real-world scenarios with people who have different barriers. I was able to recognize the different barriers and understand the different reactions between all the people.
- **What recommendations do you have for other students about doing an internship?**
Doing an internship is an amazing experience that allows you to see and use the degree you are seeking. I was able to see how my psychology degree can help people outside of doing actual clinical counseling. Understanding barriers was key to helping these young adults succeed in the different pieces of training and education with which I was able to assist this summer. I really enjoyed doing my internship and was able to make several connections to help plan out my career after I earn my degree.

By checking this box (or initialing next to it) and emailing this document to the campus Internship Coordinator, I give permission to University of Pittsburgh Greensburg to utilize this document along with the photo provided in media publications such as the UPG website, campus bulletin boards, and additional media outlets.

