

# INTERNSHIP SPOTLIGHT

## Jaylin Brown

**Graduation Semester & Year:** Spring 2022

**Semester & Year of Internship:** Summer 2021

**Major:** Healthcare Management

**Minor:** N/A

**Hobbies:** Reading, shopping, spending time with family and friends

**Campus Activities:** Healthcare Management Club (Secretary), Phi Eta Sigma

**Future Plans/Career Goals:** I plan to go on to earn an additional degree in Respiratory

Therapy and hope to use both my management and patient care knowledge to become a respiratory therapist supervisor.

**Hometown:**

Munhall, PA



- **Internship (company/your title):**

Arthritis Foundation Public Health Intern

- **How did you find your internship?**

I found my internship through an online search.

- **What were your duties?**

Conduct market and prospect research, partner with volunteers to organize and execute patient educational programs, assist with educational program grant writing, ensure health care practices have necessary Arthritis Foundation materials, assist in recruiting new health care providers to become involved with the Arthritis Foundation, build partnerships with local medical societies/associations and medical/nursing schools, assist with increasing participation in patient reported outcome assessment, Live Yes! Insights, communicate mission activities with constituent, and assist with administrative projects

- **How many hours per week were you at your internship site?**

My weekly hours varied, sometimes I worked a minimum of 8 hours per week and one week I put in 20 hours, it depended on the amount of work I was responsible for completing.

- **What did you enjoy most about your internship?**

I enjoyed being given the opportunity to brainstorm and present new ideas and action plans during meetings. I loved the responsibility that I held and the professionalism of the tasks I was given. I was able to plan and host a meeting which was one of the best parts of my internship. I also loved having both individual and group tasks to work on. My site supervisor and the other interns were amazing to work with.

- **What was the most difficult aspect of the internship?**

The most difficult aspect of the internship was communication due to the internship being remote because of the COVID-19 pandemic. However, everyone made sure to share their fastest way of being reached and my questions were always answered in a timely manner.

- **How did your experience at UPG and in the Healthcare Management department prepare you for your internship?**

From my initial interview to the completion of my internship, I found myself hearing and using concepts we focused on in our Healthcare Management courses. It was beyond beneficial to apply those concepts to real life and see firsthand how important they are when completing a job that relates to the major.

- **How has your internship prepared you for a career?**

This internship has allowed me to gain experience in planning and conducting professional meetings in addition to exposing me to a professional brainstorming and problem-solving process. I have gained valuable experience communicating with both internal and external sources in relation to the work I was doing.

*(Over/Next)*

I also gained confidence in my ability to take on a management type role during my time as a team leader and can walk away from this internship with experience in conducting a plan of action.

- **What recommendations do you have for other students about doing an internship?**

I encourage every student doing an internship to take advantage of the experience. Internships are a great way to build confidence and create relationships relating to your field of study

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