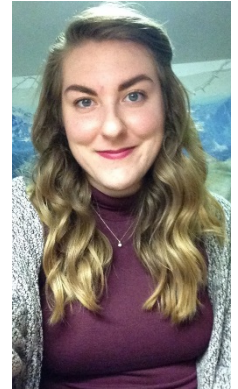


INTERNSHIP SPOTLIGHT

Alexandra (Alex) Berger



Graduation Year: 2018

Major: Psychology

Minor: Sociology

Hobbies: Reading & Drawing

Campus Activities: President of Psi Chi, Pi Gamma Mu secretary,
Campus Alliance for Free Thought member

Hometown: Acme, PA

- **Internship (company/your title):**

Westmoreland Case Management (WCSI) Behavioral Health Intern

- **What were your duties?**

I did a lot of fieldwork, shadowing targeted case managers and traveling into the community with them. I really enjoyed being directly involved and getting to see what a potential job after graduation is like.

- **What did you enjoy most about your internship?**

I met a lot of wonderful people who were very helpful answering any questions that I had. Many people offered me their contact information in case I had questions in the future, too. The best part, though, was seeing the case managers making an actual difference in people's lives that truly needed help, and were grateful to receive it.

- **What was the most difficult aspect of the internship?**

Being a case manager isn't an easy job. Often, people cancel their appointments at the last minute. Another difficult part of the internship was going into people's homes that live differently than I do.

- **How did your experience at UPG and in the Psychology department prepare you for your internship?**

Dr. Jessica Everly is the Psychology internship supervisor, and she is absolutely wonderful. She recommended WCSI to me and helped me every step of the way. Also, a lot of the classes that I have taken in my time at Pitt proved to be helpful, such as Psychology Career Planning Seminar and Clinical Psychology.

- **How has your internship prepared you for a career?**

Before doing this internship, I had no idea what to expect when entering the job market. I was also on the fence about whether I should go on to receive my Master's degree or not, and now I am sure of what I want to do, and what type of job I want to have.

- **What recommendations do you have for other students about doing an internship?**

Everyone should do an internship. It is extremely eye opening and looks great on a resume. I also suggest taking a Career Seminar, especially if you are unsure about what you want to do after finishing school. Find out who the intern supervisor is for your major, and schedule to meet with them to discuss your options.